

# Support independent living with Navigil



Simple,  
powerful  
connected  
solution

**Navigil provides wellness monitoring and powerful analytics for caregivers, in an attractive, accessible, and easy-to-use device.**

People are living longer, healthier lives. Independence and quality of life are extended and enhanced with support from wellness devices. Whether the user is aging in comfort at home, living independently with a chronic medical condition, or a resident in a group home, connected wearables are an essential part of the circle of care.



**AT&T offers the Navigil wellness monitoring watch,** a slim, elegant device with an easy-to-read analog face. Though traditional in appearance, it's loaded with connectivity and analytics features that provide peace of mind. Caregivers can set safe zones and track location. Users can press a single button to call preset numbers for family, friends, or professional help. And caregivers can track activity analytics and be alerted to sudden changes through the app or web portal dashboard.

With long battery life and over-the-air (OTA) configuration and management, the Navigil solution supports people living independently.

## Benefits

- Supports an independent lifestyle
- Provides security and peace of mind
- Automatic alerts to changes in health or routine
- Battery lasts up to 14 days
- Over-the-air management

## Features

- Simple and easy to use
- Single push call activation for emergency help
- 24/7 calling with family, friends, and caregivers
- GPS location technology with safe zone alarms
- Activity monitoring and wellness analytics
- Track indoor location with beacons
- AT&T SIM included in watch (no phone needed)



### Independence

Supports users to continue to confidently live active lives

### Comfort

Helps users to live for longer in-place with less assistance

### Safety

Enables prompt emergency assistance when needed

## Solution Features



### Emergency contacting

Get help by simply pressing a button. With intelligent routing, your device calls designated contacts until someone is reached.



### Location tracking

Set safe zones, alerts, and track user location for caregivers.



### Wellness monitoring

Track detailed analytics, including heart rate, activity, respiratory, sleep, and receive alerts for unexpected changes as well as inform caregivers.

## Supports independent living with a circle of caregivers



### Me I am independent

Stylish  
Ease of use  
Wellness data

Consumer-based wearables requiring a phone



### We Caregivers help me

Long battery life (14 days)  
Wellness analytics  
Over-the-air management

Intelligent SOS call routing  
Notifications  
API



### They Professionals help me

Sleep and activity monitoring  
Long-term trend analytics  
Alarm notifications



## Reliable, simple, and highly secure connectivity

Navigil partners with AT&T Connected Solutions for device connectivity running on the AT&T LTE-M network via the AT&T SIM--designed and developed to support IoT devices. Even in challenging environments, LTE-M connectivity delivers enhanced coverage, plus extended battery life, and a dedicated spectrum with carrier-grade security. Users, caregivers, and professionals get reliable remote device connectivity using the AT&T SIM to embrace life with independence and peace of mind.

### Why AT&T

We have more than 100 million IoT connected devices. Let our experts work with you to solve your challenges and accelerate outcomes. Your business deserves the AT&T Business difference—a new standard for networking.

[Contact your AT&T Connected Solutions representative to learn more.](#)